

# Preface



Dear Sirs!  
Dear Readers!

Time passes inexorably, and another year comes to an end, which is a perfect time to summarise. So before we start celebrating, let me remind you of our successes. The quarterly *Family Medicine and Primary Care Review* received 0.7 IF and 100 points from the Ministry of Education and Science (Poland), which puts us in a good place among scientific journals devoted to broadly understood topics in the field of primary medical care. It is a success for all of us: the authors, reviewers, editorial team and publishing house, who, under the watchful eye of the international Scientific Council, prepared subsequent issues of the quarterly for printing.

**Thank you very much for the time and effort you put into writing manuscripts, assessing them, correcting them and inspiring us to take on new challenges!**

In the current issue of *Family Medicine and Primary Care Review*, you will find many interesting articles, including the determinants of psychophysical well-being in women undergoing treatment for cancer (Jalileh Amirzehni et al.: Perceived stress and its socio-demographic predictors in Iranian women receiving treatment for breast cancer) or the impact of the COVID-19 pandemic on the sense of exhaustion among students (Beomho Lee et al.: The effects of anxiety during COVID-19 on psychological exhaustion and social participation in college students).

Topics related to the pandemic will remain the subject of research for a long time, which is why we are publishing articles written by Beomho Lee et al. describing the effects of anxiety during COVID-19 on psychological exhaustion and social participation in college students and that written by Najmeh Yoosefifard et al. indicating the correlation between self-care and quality of life of older people in Pol-e Dokhtar City during the COVID-19 pandemic.

I cordially encourage you to read the extremely interesting review manuscripts prepared by Aleksander Biesiada et. al. who searched scientific literature on the topic of subcutaneous drug supply in the practice of a primary care physician, as well as an article written by Anika Rybicka-Kramarz et al. describing the future of well-care for adolescents in Poland, finally asking an intriguing question: Are there more questions than answers?

Is there a relationship between HPV infection and the development of endometriosis? This question will be answered by reading the results of a systematic review by Anna Sienko et al. Another issue – Can new technologies help in the care of elderly patients? – can be read about in the article by Anna Susło et al.

As always, I invite you to contribute to the *Family Medicine and Primary Care Review* quarterly!

I wish you joy, optimism and fulfilment of all your dreams in the New Year 2024!

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